



Ms. Lita Sheree Ryals Harkreader Cannon

October 20, 1955 - May 13, 2026

Ms. Lita "Sheree" Ryals Harkreader Cannon, 70, of Albany died Wednesday, May 13, 2026, peacefully in her own home surrounded by her friends.

A graveside funeral service will be held Monday 2:00PM at Crown Hill Cemetery. Rev. Ronnie Kinsaul will be officiating.

Ms. Cannon, born October 20th 1955, was the daughter of Herb Ryals Jr. and Frances Johnson Ryals. "Sheree" was a beautiful woman inside and out. She was known to have a heart of gold. Sheree loved her family more than anything, and she did everything she could even when she may not have had much herself.

Sheree and her twin sister Lisa "Sheryl" Ryals, also known as "Aunt Leelee," were the first set of twins to be born in Crisp Regional Hospital in Cordele. Sheree and Sheryl were close and identical twins.

Her twin sister Sheryl died on April 2nd, and now Sheree and Sheryl are reunited. Sheree raised kids most of her life, even after she raised her own. She had 3 children, Jessica Harkreader (Valma), Kimberly Hinson, and Lindsey Cannon. After her own daughter Jessica died in 2011, she stepped up to raise Jessica's three children, Anabelle Valma (Pitts), Noah Valma, and Gabriel Kelley.

Sheree was preceded in death by:

Parents: Herbert Deone Ryals Jr. and Frances Johnson Ryals

Siblings: Zachery Ryals, Herbert Ryals III, Jay Ryals and Lisa Sheryl Ryals

Children: Jessica Rae Valma, son-in-law Joe Valma, and Kimberly Denise

Hinson.

Survivors include her daughter Lindsey Cannon; her sister Anna Ryals Gilbert; five grandchildren, Anabelle Rae Pitts, Noah Valma, Gabriel Kelly, Levi Duplechin, Ryker Anderson; her ex-husband and friend James Cannon Jr.; cousin Linda Ellis and several other cousins.

Sheree held everyone together, and now she is at rest. She gave so much of herself in hopes of nothing in return but love.

Cemetery Details

Crown Hill Cemetery

1907 Dawson Rd.
Albany, GA 31707

Previous Events

Graveside Service

MAY 18. 2:00 PM (ET)

Crown Hill Cemetery
1907 Dawson Rd.
Albany, GA 31707

Tribute Wall

MW

“ *Master Body Works purchased the Simply Elegant Spathiphyllum for the family of Ms. Lita Sheree Ryals Harkreader Cannon.*



Master Body Works - May 18 at 09:41 AM

MW

“ *Master Body Works planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Ms. Lita Sheree Ryals Harkreader Cannon.*

Master Body Works - May 18 at 09:41 AM

CC

“ *Sheree was such a sweet lady, always ready to offer a compliment and kind word. She will truly be missed on this earth. Rest in peace now Sheree. Your work is done.*

Cherie Cannon - May 18 at 09:31 AM



Sheree You Are At Peace Now You Restin God Wanted 🙏🙏 You Back Now Your An Angel 😇 In Heaven ,Fly High You're Free ,I Can Only Imagine I imagine I'll See You Again One Day Love You !!

Linda Ellis - May 19 at 03:27 PM

KI

“ 1 file added to the album *Lita Cannon Memorial Video*



Kimbrell-Stern - May 17 at 03:55 PM

AM

Beautiful video

Amber McMullan - May 18 at 09:55 PM

AG

“ *Where do I begin? Sheree has always been a part of my life since birth, seeing how my mama and her were like sisters. Basically she was a part of my family before she officially was a REAL part of my family by marrying and having a daughter with mama's cousin, but even before that her daughter Jessica Harkreader and were best friends. I loved Sheree and she always has held a special place in my heart and forever will...I loved her laugh, silliness, protectiveness, unconditional love and her loyalty. Sheree, this is Angie, and you will always be that special person God sends us. Love u forever and you will be missed forever til we reunite again*



Angela Gilliard - May 16 at 12:02 PM

CS

Do you know what happened to Kelly Ryals ? Why was she not mentioned in the obituary? I grew up with Herb Ryals playing the piano in my childhood church, he had a daughter named Kelly.

CARL SCHMIDT - May 17 at 11:10 PM

AM

“ Amber McMullan lit a candle in memory of Ms. Lita Sheree Ryals Harkreader Cannon



Amber mcmullan - May 14 at 07:09 PM

AM

“ I really don't know where to start it. Because my mama was Valerie and her and sheree were always together i do know my favorite memory is they talked about walking down slappy drive in Albany and getting caught by their grandfather , I think , sometimes I think of more than a cousin , but as an aunt i know when I had a problem. I could always call and talk to her. She flies high with her wings cause I know she's probably enjoying a cup of coffee and catching up with family love you we will meet again one day

Amber mcmullan - May 14 at 06:54 PM

JR

I am so sorry to hear this. Sheree was one of the sweetest cousins I had. She was always upbeat, smiling and always had kind words to say. She will be greatly missed by her family. RIP Sweet Sheree. Love you always!

Jackie Woods Roland - May 14 at 07:25 PM